RECREATION AUTHORITY of Roseville & Eastpointe

Dear Residents and Friends,

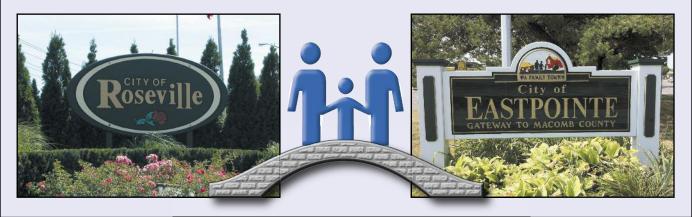
The Roseville-Eastpointe Recreation Authority staff has been busy planning an exciting new list of programs for the fall and winter seasons that residents of Eastpointe and Roseville are sure to enjoy! Inside this newsletter you will see many programs and events that you can begin to register for on August 13, 2012 at the Recreation Authority Recreation Center, on Sycamore St., in Roseville. Pre-school age kids can have fun learning and growing in a variety of Pre-School Recreation Classes. Parents will have the choice to enroll their child in pre-school classes held at Spindler Park in Eastpointe or at the Recreation Center in Roseville. Don't miss events like the Mom/Son All-Star Bowling Party, Fall Mom-to-Mom Resale, "Spooktacular" Trick or Trunk, or the 34th Annual Big Bird Run. Free events like Park-it Movie Night, Punt, Pass & Kick or the Rumblin' Tumblin' Pumpkin Rolldown (courtesy of the Roseville Optimists) are great family fun! ...and don't forget to nominate the best decorated holiday house in Eastpointe and Roseville for the Holiday Lights Contest. Many other programs like Karate lessons, Dance lessons, Dog Obedience, Zumba Fitness, Digital Scrapbooking, Beginning Guitar lessons, Soccer, Basketball, Cheerleading, Adult Kickball League, and Tennis lessons are great ways to learn a new skill! We also have many programs and trips for senior citizens that provide a great opportunity to make new friends. Please look inside for more information on these and many other programs, events and leagues!

The board members of the Recreation Authority of Roseville and Eastpointe have been working very hard to make this a smooth transition. The board meets on the second Thursday of every month at 5:30 p.m. at the Recreation Center to discuss the programs and facilities that are available as a result of the Recreation Authority and to make sure your family reaps the greatest rewards possible. If you ever have a question or concern about a recreation program or facility, or if you have a program idea that you would like to see offered, you are welcome to attend the Authority Board meetings, or please feel free to call the Recreation Authority office at (586) 445-5480 and share your thoughts with us. You may also e-mail us at recreation@roseville-mi.gov.

The staff of the Recreation Authority of Roseville & Eastpointe will continue to work hard to provide quality program opportunities for all our residents. This newsletter and the programs found within it are just the beginning of many family-fun activities available for you to enjoy!

Sincerely,

Anthony J. Lipinski, Executive Director Recreation Authority of Roseville & Eastpointe (586) 445-5480



FALL 2012

DEPARTMENT INFORMATION

Recreation Authority Phone: (586) 445-5480

PROGRAM REGISTRATION DATES

Fall Program Registration begins:

Monday, August 13

Monday through Friday

8:30 a.m. to Close (varies daily, please call ahead) Must pay by check or money order after 4:00 p.m. (No credit or debit accepted)

Program Registration

- A parent/guardian must register anyone under the age of 18 years old
- · Fees are due at time of registration
- No Refunds after Program has started
- No Refunds for Programs \$10.00 or less per person
- All refunds will be assessed a \$5.00 processing fee
- For sports leagues: if deadline has passed and a refund is requested, an additional \$10.00 uniform fee will be assessed.
- Register at Recreation Center 18185 Sycamore

Winter Registration begins *Monday*, *December* 10

Registration Late Fee Policy:

Registrations accepted after the printed deadline will be assessed a \$5.00 late fee, provided space is available in the program.

"Snow Day" Policy

When Roseville and/or Eastpointe schools are closed due to inclement weather (i.e. "snow day"), all programs and sports practices affiliated with the Recreation Authority will be cancelled.





















ACTIVITY SCHOLARSHIPS

Through funding provided by the Roseville Optimist Club, the Recreation Authority is offering activity scholarships for *residents* in financial need.

We believe everyone should have the opportunity to enjoy quality recreational programming. Depending on the size of your family and income, you may qualify. All you need to do is complete an Activity Scholarship Application form. It's easy and confidential to apply. Applications are available at the Recreation Center. For additional information, please call (586) 445-5480. Upcoming deadline dates are September 1 and November 1.

Summer Daycamp and Middle School Cheerleading are not included in the scholarship program

RECREACTION CENTER ROOM RENTALS

The Recreation Center has rooms available to rent for private parties such as wedding and baby showers, birthday and graduation parties, holiday parties, and wakes. Food and beverage services must comply with local, county and state regulations. Rooms may be reserved 6 months in advance of date.

NO ALCOHOL OR SMOKING ALLOWED

Resident Rental Fees:

Room 1 (Capacity 60)	\$120.00/4 hours
Room 2 (Capacity 40)	
Activities Center (Capacity 100)	\$240.00/4 hours
(No dancing in Activities Center)	

\$25.00 Set-up Fee for each rental date.

Building Supervisor Fees will be added for **WEEKEND** rentals (Friday after 4:00 p.m. through Sunday)

\$100.00 deposit required at the time of booking, balance due 10 business days prior to party date.

RECREATION CENTER GYM RENTALS

Gymnasiums are available for rentals on a limited basis for your group or organization to plan an event or evening of basketball or volleyball. Our gyms may also be used for soccer/softball/baseball conditioning (with restrictions). Rentals are limited to groups of 20 people or fewer. No Spectators! Gyms may be reserved 3 months in advance of date.

Resident Rental Fees:

Gym 1 (Large Gym) Weekdays - \$70.00/2 hours

Weekends - \$80.00/2 hours

GYM 2 (Small Gym) Weekdays - \$ 65.00/2 hours Weekends - \$75.00/2 hours

NON-MARKING SHOES ONLY ALLOWED IN GYM

For more information, call (586) 445-5480.

FITNESS ROOM

Do you want to exercise but do not have any equipment at home? Residents can now exercise in the Recreation Center Fitness Room. Equipment includes: exercise



bike, recumbent bike, recumbent cross trainer, universal multi-weight station, health rider and hand weights. You must be 18 years of age or older, complete the registration information, including a Physicians Approval form (available in the office) and receive a brief orientation on the equipment.

Yearly Fee: \$50.00 for residents ONLY Fitness Room hours for the public are:
Monday – Friday: 4:30-8:00 p.m.
Saturday – Sunday: 12:00-6:00 p.m.

FALL 2012 SPECIAL EVENTS 3

BIRTHDAY PARTY PACKAGE

We are now offering Birthday Party Packages for children ages 1-5 years old. The birthday party package includes a two-hour rental in our large gym, use of the indoor park equipment, staffing and the option to



bring in cake and ice cream. Party limited to 20 children.

Party fee: Resident \$200.00 Non-resident \$250.00

Punt, Pass & Kick

This football skills competition, sponsored by the NFL, Pepsi and the Michigan Recreation and Parks Association is open to boys and girls in separate competition brackets from ages 8-15 years old. Event will be held at Veteran's Memorial Field in Roseville. Must pre-register, with a copy of your child's birth certificate by Friday, September 21st.

Date: Monday, September 24

Time: 6:00 p.m.

FREE EVENT!!

Mom/Son All-Star Bowling Party

We invite all mothers, grandmothers, aunts, etc. to bring their special date, ages 3-12 years old, to our Mom/Son Bowling Party. All registrants should "sport" apparel from their favorite team for the evening!! This night of fun will include 2 games of bowling, shoes,



pizza, pop and a keepsake photo of your evening out on the town!

Date: Friday, October 5th Time: 7:00 p.m.-9:00 p.m. Fee: \$12.00 per person

Location: Apollo Lanes - Gratiot, north of 12 Mile Rd

Event limited to the first 60 people

FALL MOM-2-MOM RESALE

One of the area's most popular Mom-2-Mom Resale events is back. Over 60 tables of items including: clothing, games, furniture, toys, bikes, sporting goods, and much more. No commercial vendors allowed to participate in this event.

Date: Saturday, October 27th Time: 9:30 a.m.-1:00 p.m.

Admission fee: \$1.00 per person (12 and older)

Strollers welcome

"SPOOKTACULAR" HALLOWEEN TRICK OR TRUNK



In celebration of Halloween, we will be hosting a Trick or Trunk event at Veteran's Memorial Park on Saturday, October 27th for children ages 18 months 12 years old. This event will feature many service clubs, businesses, city departments and individuals handing out candy in a safe and secure setting. Participant wristbands will be required for entrance into this event. WRISTBANDS ARE LIMITED IN NUMBER AND MUST BE PURCHASED IN ADVANCE!!

Date: Saturday, October 27th Time: 6:00 p.m.-7:00 p.m.

Location: Veteran's Memorial Park in Roseville

Fee: \$3.00 per child

Wristbands must be purchased in advance

Maximum of 350 wristbands available!!

Purchase your wristband early – this event will sell out!

If you are interested in having a vehicle space at the Trick or Trunk to pass out candy, please register by calling (586) 445-5480.

Co-sponsored by: Roseville Optimist Club

ROSEVILLE'S 10TH ANNUAL "RUMBLIN' TUMBLIN' PUMPKIN ROLLDOWN"

Date: Thursday, November 1st Time: 6:00 p.m. - SHARP! Location: Huron Park Sledding

Hill

Fee: FREE

Halloween is over....but what do you do with your carved pumpkins? Bring them to Huron Park and see how they roll!!



Pumpkins in event must be carved

Refreshments provided!
Sponsored by: Roseville Optimist Club

34TH ANNUAL BIG BIRD RUN

Annual 10K (6.2 Miles), 4K (2.5 Miles) and 1 Mile Fun Run will be held on Sunday, November 11th at 10:00 a.m. Start and finish lines are at the Recreation Center located at 18185 Sycamore Street. The course will include Gratiot Ave., I-696

pedestrian bridge and several residential streets.

Registration forms are available at the Recreation Center beginning Monday, September 10th.

The first 750 registered runners will receive a specially designed Big Bird long sleeved t-shirt, if purchased

Registration Fees: §25.00/per person in advance \$30.00/per person on race day

Pre-registration ends on Wednesday, November 7th at 6:00 p.m. Additional registrations will only be taken on Race Day. Checks will not be accepted on race day!!

HOLIDAY LIGHTS CONTEST

So you think you have the best decorated holiday house in Eastpointe and Roseville we will be the judge of that!! Nominate your house for the Holiday Lights contest by calling (586) 445-5480; all nominations must be received by Friday, December 7th. The winning house will be recognized at a City Council meeting. Winners will be contacted by Monday, December 17th.

FAMILY FUN FIELD TRIP HOLIDAY NIGHTS AT GREENFIELD VILLAGE

Get in the holiday spirit!! Don't miss the most popular holiday event in the metro Detroit area. Holiday Nights at Greenfield Village features live entertainment, costumed presenters, horse drawn wagon and Model T rides, skilled artisan demonstrations, live reindeer, ice

skating and of course, Santa. The evening will conclude with a spectacular fireworks display. Charter transportation provided from the Recreation Center.

Date: Friday, December 14th Time: 6:30 p.m.-10:00 p.m.

Depart the Recreation Center at 5:45 p.m.

Fee: \$20.00 per person, includes transportation

SAVE THE DATE ANNUAL DADDY/DAUGHTER DANCES

Dates: January 25th or 26th New Location: Gourmet Manor

Fee: \$20.00 per person

Tickets available beginning December 10th

PRESCHOOL PROGRAMS My School

A special program for 2-4 year olds and their parent. This program introduces age-appropriate preschool activities children and parents participate in group songs, arts & crafts and field trips while children learn to socialize with others. Class held at Spindler Park Building, 19400 Stephens in

Eastpointe.

Ages: 2-4 years. **MONDAY CLASSES**

11:15 a.m.-12:15 p.m.

Session I: September 24 – November 26 Session II: December 3 – March 4

(no class 12/24, 12/31, 1/21, 2/18)

Maximum: 16 / Minimum: 8

Fees: Resident: \$50.00 Non-resident: \$60.00

PRESCHOOL AT THE PARK

Your 3-5 year old will enjoy learning, being creative and making new friends in a professional program taught by experienced teachers. A safe, secure and affordable preschool program licensed and inspected by the State of Michigan. Children must be toilet trained to participate. Join us for age-appropriate preschool activities two or three days a week. Parents are required to submit immunization records, health appraisals and other documents provided upon registration at the orientation. Class held at Spindler Park Building, 19400 Stephens in Eastpointe.

Ages: 3-5 years.

MONDAY-WEDNESDAY-FRIDAY (morning session)

9 a.m.-11 a.m.

TUESDAY-THURSDAY (morning or afternoon option) 9 a.m.-11 a.m. or 12 p.m.-2 p.m.

Session Dates:

Mon-Wed-Fri: September 12 – January 25, 2013 Tues-Thurs: September 13 – January 24, 2013

Maximum: 16 / Minimum: 8

Fees:

Mon-Wed-Fri classes

Resident: \$360.00 Non-resident: \$370.00

Tues-Thurs classes

Resident: \$240.00 Non-resident: \$250.00

PARENT AND TOT PLAYSCHOOL

Children and parents can play and learn together. This group creates simple projects to enhance motor skills. Free play is available to work on gross motor skills and socialization. Group games and activities are planned that provide interaction between parent, child and teacher. Parents sign up to bring a snack during the session. Class held at Recreation Center, 18185 Sycamore in Roseville. Ages: 18-36 months

MONDAY CLASSES - 9:30 a.m.-10:30 a.m.

September 10 – November 12 Maximum: 8 / Minimum: 5

Fees: Resident: \$45.00 Non-resident: \$55.00

WEE WONDERS PRESCHOOL

This class is specifically designed for children 3½ years and older. This class offers the opportunity for structured kindergarten preparation. The children will participate in activities geared toward science exploration, artistic self-expression, problem solving and creative movement. Also

included will be show & tell, singing and story time. The child MUST be 3½ years old, toilet-trained and ready to separate. One parent volunteer must stay per class. Class held at Recreation Center, 18185 Sycamore in Roseville.

Ages: 3½-5 years

MONDAY CLASSES – 11:00 a.m.-1:00 p.m.

September 10 – November 12

WEDNESDAY CLASSES – 11:30 a.m.-1:30 p.m.

September 12 – November 14

FRIDAY CLASSES - 10:30 a.m.-12:30 p.m.

September 14 – November 16 Maximum: 12 / Minimum: 5

Fees: Resident: \$75.00 Non-resident: \$85.00

TINY TOT FUN

Tots can get a taste of the school routine by participating in a less-structured classroom setting through free play, songs and stories. Children do some work with letters, numbers, colors and shapes. This class is for children only. An ideal program for a child who has never been separated before. One parent volunteer per class. Your child must be toilet-trained and ready to separate. Class held at the Recreation Center, 18185 Sycamore in Roseville. Ages: 3-5 years

TUESDAY CLASSES – 9:30 a.m.-10:30 a.m.

September 11 – November 13 Maximum: 12 / Minimum: 5

Fees: Resident: \$45.00 Non-resident: \$55.00

SUPER TINY TOT FUN

Your child will be introduced to the preschool routine. This includes: free exploration time, circle time and ageappropriate arts and crafts. We will share a story each week, as well as introduce colors, shapes, and ABC's. Your child MUST be toilet-trained and

ready to separate. Class held at the Recreation Center, 18185 Sycamore in Roseville. Ages: 3-5 years

TUESDAY CLASSES - 11:00 a.m.-12:30 p.m.

September 11 – November 13

WEDNESDAY CLASSES – 9:30 a.m.-11:00 a.m.

September 12 – November 14 Maximum: 12 / Minimum: 5

Fees: Resident: \$55.00 Non-resident: \$65.00

KIDS IN THE KITCHEN

Kids love to experiment in the kitchen. Each week we will create a fun and healthy treat. Your child will learn kitchen safety and good nutrition. We will also be learning good table manners. During our



last class, we will host a luncheon for our parents! One parent volunteer is needed per week. Children must be toilet-trained and ready to separate. A \$20.00 material fee is due at the first class. Class held at the Recreation Center, 18185 Sycamore in Roseville. Ages: 3-5 years

THURSDAY CLASSES

September 13 – November 15 Session 1: 10:00 a.m.-11:15 a.m. Session 2: 12:00 noon-1:15 p.m.

Maximum: 8 / Minimum: 5

Fees: Resident: \$50.00 Non-resident: \$60.00

ANIMAL CRACKERS

This fun class will introduce children to a variety of funloving animals. Each week we will introduce a different animal through crafts, activities, songs and stories. Class may also get hands-on experience with some of the animals discussed in class! Children MUST be toilettrained and ready to separate. Class held at the Recreation Center, 18185 Sycamore in Roseville.

Ages: 2-4 years

FRIDAY CLASSES - 9:30 a.m.-10:30 a.m.

September 14 – November 16 Maximum: 12 / Minimum: 5

Fees: Resident: \$45.00 Non-resident: \$55.00

JUNIOR CHEFS

An expanded version of our beginner level "Kids in the Kitchen!" Every class the children will prepare a fun food item, along with a drink. Class will include safety,

nutrition and proper table manners. A \$20.00 materials fee is due at the start of the first class – to be paid directly to the instructor. Class held at the Recreation Center, 18185 Sycamore in Roseville. Ages: 4-9 years

THURSDAY CLASS – 4:00 p.m.-5:15 p.m. September 13 – November 15

Maximum: 8 / Minimum: 5

Fees: Resident: \$50.00 Non-resident: \$60.00

SUPER SCIENTISTS

This program is an expanded version of our Lil' Scientists Mess Makers – except this one is for the "big kids". Super Scientists is designed for children ages 4-9 years old. Each week the children will make a takehome project while creating it through scientific techniques. Some projects may include: volcanoes, silly putty or string tye dye. A materials fee of \$10.00 is due at the first class. Class held at the Recreation Center, 18185 Sycamore in Roseville. Ages: 4-9 years

TUESDAY CLASSES - 4:00 p.m.-5:30 p.m.

September 11 – November 13 Maximum: 12 / Minimum: 5

Fees: Resident: \$75.00 Non-resident: \$85.00

HAPPY HARVEST DAY

Your 3-5 year old will have fun experiencing fall-themed activities through stories, songs, special crafts and a snack. The class is held at Spindler Park Building, 19400 Stephens in Eastpointe.

Ages: 3-5 years Wednesday, October 17th – 12:30 p.m. – 2:00 p.m.

Fees: Resident: \$7.00 Non-resident: \$12.00

ELVES WORKSHOP

Parents can get last minute holiday shopping, wrapping or baking finished. Better yet, take a well-deserved rest while your child makes an ornament, holiday keepsake and decorates cookies. We will

sing songs and provide lunch. CHILDREN MUST BE TOILET TRAINED AND READY TO SEPARATE.

Each session will vary. Classes held at Roseville Recreation Center, 18185 Sycamore in Roseville. **Ages:** 3-5 years

Session I: Wed., December 5th, 10:00 a.m.-1:00 p.m. Session II: Wed., December 12th, 10:00 a.m.-1:00 p.m. Fees: Resident: \$25.00 Non-resident: \$30.00

INDOOR PARK

Is it getting a little too cold to enjoy the outdoors? If so, come join us for "open play" on climbers, slides, bikes, wagons and much more—in a safe, dry environment.



Parents are required to supervise their own children. There is no instructor for this drop-in program.

Ages: 10 months-5 years old

TUESDAYS & THURSDAYS - 10:00 a.m.-12:00 noon October 2 – December 20 (no class 11/6, 11/22)

Fee: \$2.00 per child per visit

Preschool Drawing Class

Each week we will draw something these little ones are interested in, from fish to rainbows. We will talk about subject matter, as we learn to draw it together. We will concentrate on the skills of drawing and coloring, but also work on developing fine motor skills, focus, listening, staying on task, spatial organization and patience. All materials are provided. New lesson plans for each session! Ages: 3½ - 5 years

MONDAY CLASSES – 5:00 p.m.-5:45 p.m. Session I: September 17 – October 22 Session II: November 5 - December 10

Fees: Resident: \$65.00 Non-resident: \$75.00

ELEMENTARY DRAWING CLASS

Come join Young Rembrandts as we draw amazing things together! Regardless of artistic ability, Young Rembrandts can teach a student how to draw and enhance a more experienced student's drawing abilities.

Drawing skills will allow a student to express their creativity that will last a lifetime. All materials are supplied with new subject matter each week. Media will include: pencil, marker, colored pencils and oil pastel. You won't want to miss out on this drawing class. Ages: 6-12 years

MONDAY CLASSES – 6:00 p.m.-7:00 p.m. Session I: September 17 – October 22 Session II: November 5 – December 10

Fees: Resident: \$65.00 Non-resident: \$75.00

BARYSITTING CLINIC

This co-ed American Red Cross class covers infant care. emergency procedures, basic first aid, rescue breathing, feeding, diapering of infants, discipline, games and much more! Fee includes book. Bring your lunch, a drink and a baby doll to diaper. Ages: 11-16 years

SATURDAY CLASS – 9:00 a.m.-5:00 p.m.

Session I: October 13 Session II: December 8

Fees: Resident: \$55.00 Non-resident: \$65.00

FITNESS & DANCE **FALL 2012**

NAAMA KARATE

Certified brown and black belt instructors. As an on-going program, your child will have the opportunity to test for his or her next belt color at the end of the course. Sessions run continuously. Each class is \$6.00 per

lesson attended, with a \$20.00 registration fee. Registration takes place on site the first day of class. Boys and girls, ages 5-12 years.

For questions call Jack Preston at (586) 777-4964.

MONDAYS & WEDNESDAYS

Fall Session: October 1 - December 19

Beginners: 5:00 p.m.-6:00 p.m. Color Belt: 6:00 p.m.-7:00 p.m.

BASIC YOGA CLASS

Basic Yoga releases the body and mind from tension allowing you to regain balance and energy. You will learn the fundamental postures of yoga. Basic yoga is recommended for everybody. Please bring a yoga mat to class. Classes are taught by a registered Yoga instructor from Fitness RX.

Monday Classes – 7:15 p.m.-8:10 p.m. Session I: September 17 – October 22 Session II: November 5 – December 10

Fee: Resident: \$50.00 Non-resident: \$60.00

LINE DANCING

Make Tuesday a FUN NIGHT OUT! Bring a friend or a partner!! Dancing is a highly recommended exercise for both mind and body. Classes are designed for basic BEGINNERS and are offered for both SINGLES and COUPLES. Classes held on *Tuesday* evenings.

Class Dates: September 11 – December 18

Class Times: Basic Beginners – 6:00 p.m.-7:00 p.m.

Beginner Plus - 7:00 p.m.-8:00 p.m.

Couples – 8:00 p.m.-9:00 p.m.

Fee: \$5.00 per person/per class. Pay as you go. For more information, please call Joe at (586) 777-7242

COMPREHENSIVE DANCE LESSONS

Classes in Ballet, Contemporary Ballet, Jazz, Jazz/Pom, Lyrical, Tap, and Hip Hop are offered to students of all ages and abilities at the Recreation Center. Classes are open to both boys and girls. Students must be 4 years old by September 17th. Class size is a minimum of 12 students and a maximum of 16 students.

The Dance Program offers a two-semester (consecutive) year with an all-student, on-stage, costumed production at the conclusion of the second semester in May, 2013. (Costume payments will be collected in November)

This is a continuous program. No new students will be allowed to register for the spring semester. Classes begin the week of September 17th.

Payments for the second session of dance can be made beginning Monday, December 10th; payment deadline is Friday, January 18, 2013. Payments made after January 18th will be assessed a \$5.00 late fee.

\$75.00 per semester Fees: 30-minute class \$80.00 per semester 45-minute class \$5.00 additional fee if a non-resident of the Authority

To help returning students identify this year's classes, the dance they performed in the 2012 recital, "Commercially Dancing," is listed in parentheses.

MONDAY: Beth Pappas/Melanie Buhnerkemper

5:30-6:00 p.m. **Preschool Ballet** - 4/5 yrs. (new class) 6:00-6:30 p.m. Intro to Tap – 4/5 yrs. (new class) 6:40-7:25 p.m. Jazz/Pom - 9+ yrs. "We Got the Beat", New students accepted

7:25-8:10 p.m. Inter. Jazz – 13+ yrs. "Tight Rope", New students accepted

TUESDAY: Sandy Budnick-LaPayne

5:15-6:00 p.m. Begin. Ballet - 5/6 yrs. "Sail Away",

New students accepted

6:00-6:45 p.m. Junior Tap - 7+ yrs., New students accepted

6:45-7:30 p.m. **Inter. Hip Hop** – 10+ years, "The Choice is Yours (NSA)"

7:30-8:15 p.m. High School Hip Hop -"Drop it Like it's Hot"

WEDNESDAY: Heather Spodeck

6:00-6:45 p.m. Junior Ballet - 8+ yrs. "Everything I

do", New students accepted

6:45-7:30 p.m. Inter. Ballet – 10+ yrs. "Dust in the Wind", New students accepted

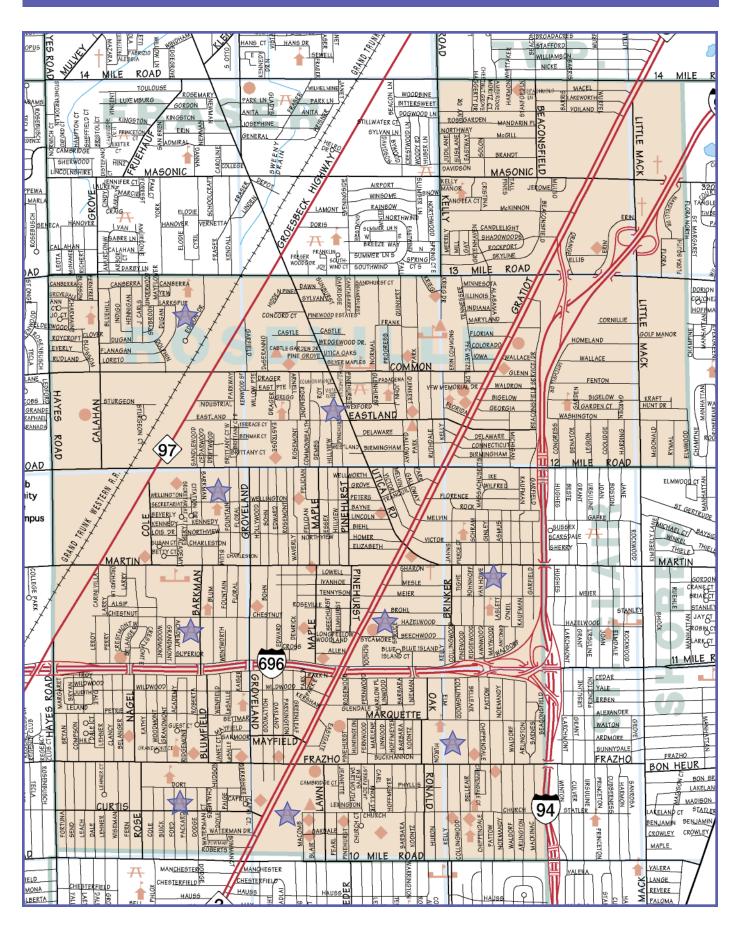
7:30-8:15 p.m. High School Contemporary – "One Republic", New students accepted

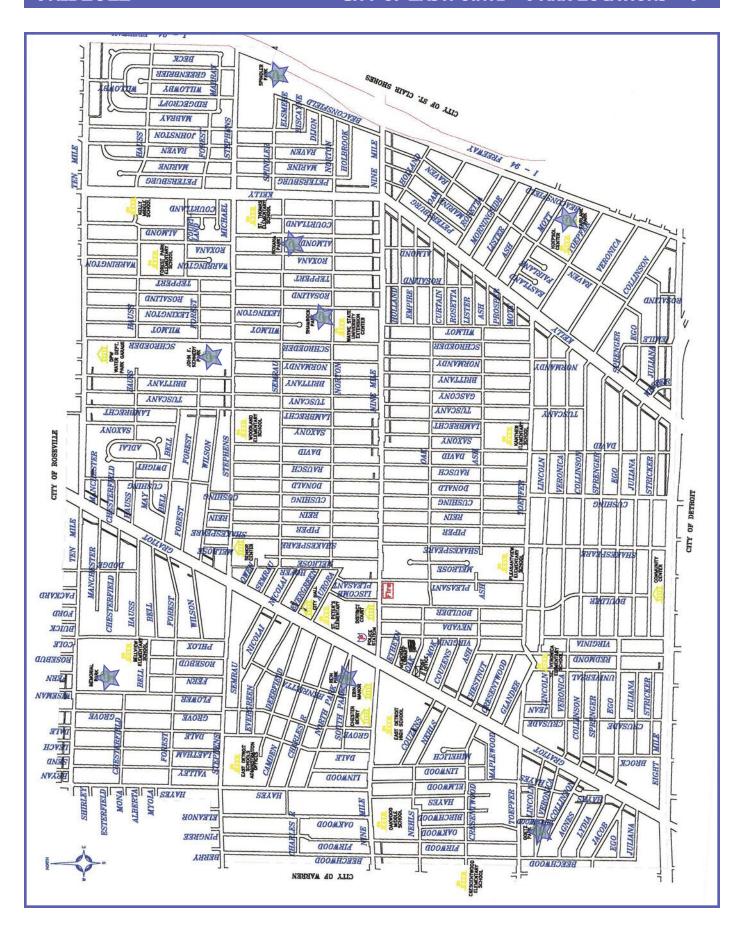
8:15-9:00 p.m. Beginning Pointe Ballet - 13+ yrs.,

with instructor's permission

Questions about class placement and new students call:

DIRECTOR: Marian Wendell (586) 774-1414 or **ASSISTANT DIRECTOR:** Sandra Budnick-LaPyrne (586) 945-7857





GYMNASTICS

Riley's Gymnastics had joined forces with the Recreation Authority to offer a variety of gymnastics opportunities for the fall. Classes are designed to promote

self-confidence, coordination and increase your child's strength and flexibility while having fun!! Equipment is especially designed for pre-school and elementary

students. We have balance beams, bars, rings, vaults, inclines, trampolines, barrels and more.

TUMBLE BEAR PROGRAM - is for boys and girls 2-5 years of age. These classes will give students their first look at gymnastics and physical fitness. Each week we will use a special themed lesson with equipment; activities will include obstacle courses, circle time including parachutes, balls, balloons and other equipment. Tumble Bear I: 2 & 3 year olds with a parent. Tumble Bear II: 3½-5 year olds.

JR. GYMNASTICS/REC. GYMNASTICS – is for boys and girls 5-12 years of age. This class is for the beginner through advanced gymnast. Registrants will be placed in age appropriate skill groups designed to teach children of all abilities. This program will provide the gymnasts with a fun and challenging routine; while working on all available apparatus. Jr. Gym: 5½-7 year olds. Rec. Gym: 7-12 year olds.

ADVANCED GYMNASTICS - program for 7-12 years old, must have pre-requisite skills. For the child with some former training in gymnastics. Pre-requisite skills include: forward and backward rolls, cartwheels, kick ups to a handstand – experience with a backbend kick over or a bridge kick over and round off with hurdle.

THURSDAY CLASSES: September 20 – November 8

4:00-4:45 p.m. Tumble Bears II: 3½-5 yrs.

Jr. Gym: 5-7 yrs. 5:00-5:55 p.m.

Advanced Gym: must meet 6:15-7:10 p.m.

above pre-requisites

7:15-8:10 p.m. Rec Gym: 7-12 yrs.

SATURDAY CLASSES: September 15 – November 24

No class (10/27, 11/10, 11/17)

9:30-10:15 a.m. Tumble Bears I: 2-3 yrs.

with parent

Tumble Bears II: 3½-5 yrs. 10:30-11:15 a.m.

Jr. Gym: 5½-7 yrs. 11:30-12:25 p.m. Rec Gym: 7-12 yrs. 12:30-1:25 p.m.

8-week session

Non-resident: \$90.00 Fees: Resident: \$85.00

"BEST FRIENDS" DOG TRAINING

Are you looking for a gentle, modern approach to training? Using positive motivational techniques, "Best Friends" will teach you how to create the dog you want! "Best Friends" advocates training methods that are fun for the owner and dog. Classes are held at the Roseville Recreation Center on Thursday evenings. Classes will run year-round.

Fee: \$95.00 per 6-week session.

Puppy Class: Dogs 10-18 weeks

6:00 p.m.-7:00 p.m.

Beginning Class: Dogs 18 weeks and older 7:00 p.m.-8:00 p.m.

Good Citizen (Adv.): 8:00 p.m.-9:00 p.m.

Proof of vaccination/rabies due at first class. W

Session 1: September 13 – October 18

Session 2: November 8 – December 20 (no class 11/22)

For more information call Shirley Julin, (248) 393-0699 Veterinarian Recommended, Member of APDT (Association of Pet-Dog Trainers) and NADO (National Association of Dog Obedience)

ZUMBA FITNESS

Ditch your workout and join the party! Zumba (Zoom-ba) is one of the fastest-growing, dance-based fitness crazes in the country. People of all ages fall in love with the infectious, international music and easy-to-follow dance steps. You'll forget you're actually exercising.

MONDAYS - 7:30 p.m.-8:30 p.m. This is an on-going class, every Monday.

WEDNESDAYS - 7:30 p.m-8:30 p.m. Beginning September 5th – this will be an on-going class, every Wednesday.

Drop-in fee: \$7.00/class

Class Card: 4 classes for \$25.00 / 8 for \$48.00

ZUMBA GOLD

This is a dance/exercise program designed for beginning exercisers or those over 50 years of age. Enjoy the Latin rhythms and dance yourself into fitness with Zumba Gold! You'll experience dances such as: meringue, salsa, cumbia, hip-hop and more.

TUESDAYS - 5:45 p.m.-6:45 p.m.

Beginning September 4th – this will be an on-going class, every Tuesday.

THURSDAYS - 10:00 a.m.-11:00 a.m. This is an on-going class, every Thursday.

Drop-in fee: \$6.00/class or 8 classes for \$40.00

For additional information regarding either Zumba or Zumba Gold. please contact (586) 216-4112

FITNESS WORKS WITH JULIE

Julie is bringing Step Aerobics to the Recreation Authority. The class will consist of a 5-10 minute warm up, 40 minutes of step, 10 minutes of toning for the abdominals, legs, arms and gluteal muscles and conclude with a short cool down. Julie is a certified instructor with the Aerobics and Fitness Association of America (AFAA).

So come and join the fun of a safe and effective workout. STEPS WILL BE PROVIDED!

MONDAY & WEDNESDAY EVENINGS

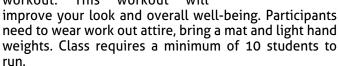
6:00 p.m.-7:00 p.m.

Session I: September 10 – November 14 Session II: November 26 – January 30 (no class 12/24, 12/26, 12/31, 1/2)

Fees: Resident: \$50.00 Non-resident: \$60.00

TIM'S BOOT CAMP

If you are looking to get in the best shape of your life Tim Clark has the solution. Tim's Boot Camp class combines upper and lower body exercises in a super-charged workout. This workout will



THURSDAYS - 6:00-7:00 p.m.

Session I: September 13 – October 18

Session II: November 1 – December 13 (no class 11/22) Fees: Resident: \$50.00 Non-resident: \$60.00

TIM'S LEAN & LOVELY CORE WORKOUT

Through a series of well-crafted exercises, Tim Clark will help participants create a long, lean and muscular core. The class combine pilates, ab/core work and yoga style movements that specifically target the mid-body. So in other words, we will tone the belly, butt, back and thighs. Participants should bring a yoga mat, comfortable workout clothes and bottled water. Class requires a minimum of 10 students to run.

THURSDAYS - 7:00 p.m.-8:00 p.m.

Session I: September 13 – October 18 Session II: November 1 – December 13 (no class 11/22)

Fees: Resident: \$50.00 Non-resident: \$60.00

DIGITAL SCRAPBOOKING

Get started on holiday gifts – write your life story or that of a loved one. Celebrate a wedding, love story, a baby's arrival, school days, vacations, friends, pets, military, special events - anything! Make personalized calendars, holiday cards, wall canvases, playing cards and much more. All projects are unique and impressive keepsakes for family, friends, graduates, proud parents and grandparents. Discover the joys of Digital Scrapbooking and publishing your work in beautiful professionally published projects (over 45 different products)! Using your digital photos, you will learn how to upload your photos, choose a template, place your photos and text, customize your pages with digital artwork and then submit your project for professional publishing. An 8 x 8 soft-bound story book is included in the course fee! There is an additional fee of \$10.00 to be paid directly to the instructor at the end of class for shipping costs of the storybook.

WEDNESDAYS EVENINGS – 6:00 p.m.-8:00 p.m.

Session I: September 12 – 26 (3 weeks) Session II: October 10 – 24 (3 weeks)

Fees: Resident: \$50.00 Non-resident: \$60.00

BEGINNING GUITAR FOR ALL AGES

In conjunction with Jerry Luck School of Music, the Recreation Authority will be offering beginning instruction which includes: tuning, musical symbols, music theory, notes in first position, right and left hand technique. An additional book fee of \$11.00 is required at the first class.

Guitar rentals are available for the class, contact Jerry Luck School of Music at (586) 775-7758.

MONDAY EVENINGS – 6:00-7:00 p.m.

Session I: September 17 – November 5 (8 weeks) Fees: Resident: \$ 60.00 Non-resident: \$70.00

ROSEVILLE HANDICAPPED ASSOCIATION

The Roseville Handicapped Association was founded in July 1982 under the sponsorship of the Roseville Parks and Recreation Department. The organization provides social and recreational activities to individuals with physical and mental disabilities who reside in Roseville. Now with the development of the new Recreation Authority between the Cities of Eastpointe and Roseville, we would like to extend our hand to invite Eastpointe residents to join us the first Thursday of the month at 7:00 p.m. at the Recreation Center located at 18185 Sycamore Street in Roseville. For additional information regarding the organization, please contact Gary Goodin at (586) 777-1289.

START SMART SOCCER

Start Smart Soccer is a fun program for children 3-5 years of age. Children will learn a variety of soccer skills including dribbling, kicking, passing, trapping, throw-ins and agility. This instructional program is a good way to prepare your child for the Under 6 Soccer League. Program will be held on the Under 6 soccer field behind the Recreation Center. This is a child/parent participation course - a parent/guardian is required to attend each session.

SATURDAYS – 11:15 a.m.-12:15 p.m. September 15 – October 20 (6 weeks)

Cost: \$75.00 \$40.00
Equipment is included: All equipment is 2 soccer balls, shin guards, soccer cones and program participant's manual

Deadline to register: Friday, September 7th SPACE IS LIMITED TO THE FIRST 20 PARTICIPANTS

START SMART BASKETBALL

Start Smart Basketball is an opportunity for children, 3-5 years of age, to learn the basic fundamentals of the game, while having FUN! Program will focus on dribbling, ball handling, shooting, passing/catching, and running/agility. Program will be held at the Recreation Center. This is a child/parent participation course – a parent/guardian is required to attend each session.

SATURDAYS – 10:00 a.m.-11:00 a.m. September 15 – October 20 (6 weeks)

Cost: \$75.00 \$40.00

Equipment is included: All equipment is 1 mini basketball, 1 Teslon basketball, 4 cones, 1 jersey & participants manual.

Deadline to register: Friday, September 7th SPACE IS LIMITED TO THE FIRST 20 PARTICIPANTS

UNDER 6 SOCCER

Boys and girls will learn the game of soccer through fun games and exciting drills. Practice days/times vary Monday through Saturday. GAMES will be held on Tuesdays, Wednesdays, Thursdays and Saturdays (no more than two games per week). Games begin in mid-September. Child's birth date must fall between August 1, 2006 and July 31, 2008, to participate. New players must have birth certificate at time of registration.

Fees: Resident: \$40.00 Non-resident: \$50.00

Registration Deadline: Friday, August 31st

GIRLS "2ND GRADE" CHEERLEADING

This instructional program will introduce your child to the fun sport of cheerleading. Basic skills will be taught. THIS PROGRAM IS FOR 2nd GRADERS ONLY! Program is taught by Christine McCullum.



SATURDAY CLASSES – 9:30 a.m.-10:30 a.m. September 15 – October 20 (6 weeks)

Fees: Resident: \$30.00 Non-resident: \$40.00

BOYS & GIRLS "2ND GRADE" BASKETBALL

This program features the development of fundamental skills through fun drills and activities in the game of basketball. **THIS PROGRAM IS FOR 2ND GRADERS ONLY!** Program is taught by Adam Just.

SATURDAY CLASSES – 11:00 a.m.-12:00 p.m. September 15 – October 20 (6 weeks)

Fees: Resident: \$30.00 Non-resident: \$40.00

GIRLS ELEMENTARY BASKETBALL LEAGUE

This league provides fundamental development and light levels of competition. Practices are generally held at the school the player attends. Participants must provide black athletic shorts and non-marking shoes for their uniforms. An eight game playing schedule is guaranteed.

Practices begin in mid-September Game Day: Saturday afternoons

Grades: 4th-6th (2012 – 2013 School Year) **Registration Deadline:** Friday, September 7th

Registration Fee: \$50.00

BOYS VARSITY ELEMENTARY BASKETBALL LEAGUE

This league provides fundamental development and light levels of competition. Practices are generally held at the school the player attends. Participants must provide black athletic shorts and non-marking shoes for their uniforms. An eight game playing schedule is guaranteed.

Practices begin in early December

Games Days: Sundays beginning mid-January Grades: 5th-6th (2012 – 2013 School Year)

Registration Deadline: Friday, November 16th

Registration Fee: \$50.00

(Roseville and Eastpointe Schools Only)

**If you are interested in becoming a volunteer coach, please call (586) 445-5480.

BOYS JUNIOR VARSITY BASKETBALL LEAGUE

This non-competitive league introduces players to the game of basketball through instruction and halfcourt games. Practices are generally held at the school the player attends.

Participants must provide black athletic shorts and nonmarking shoes for their uniforms. An eight game playing schedule is guaranteed.

Practices begin early December

Games Days: Saturdays beginning mid-January **Grades:** 3rd-4th (2012 – 2013 School Year)

Registration Deadline: Friday, November 16th

Registration Fee: \$50.00 (Roseville and Eastpointe Schools Only)

**If you are interested in becoming a volunteer coach, please call (586) 445-5480.

7th, 8th & 9th Grade **BOYS BASKETBALL LEAGUE**

This basketball league is for boys who have not reached the age of 16 prior to April 2013 and are an enrolled student. Participants must be in 7th-9th grade at an Eastpointe, Fraser or Roseville school. Boys who play for the junior high or middle school teams are not eligible. Fee includes jersey. No coach or player requests will be accepted; teams will be formed by a draft process.

Games begin in late January Games Nights: Fridays

Registration Deadline: Friday, December 14

Fees: Resident: \$60.00 Non-resident: \$70.00

"PLAYMAKERS" BASKETBALL ACADEMY

This program will teach kids in 3rd -9th grade the fundamentals of basketball through intense, resultoriented drills. We get players ready begin playing competitive basketball by developing their overall skill level. This academy will prepare



players for the upcoming season and increase their ability levels in preparation for middle school try-outs. Academy provided by Coach Jerry Robinson.

Grades: 3rd-9th (2012 – 2013 School Year)

FRIDAYS – September 14 – November 16 (8 weeks)

(no class 10/26, 11/9) 6:00 p.m.-7:30 p.m.

Fee: \$100.00

GIRLS ELEMENTARY CHEERLEADING

This program is designed for girls in 3rd-6th grade. Two practice sessions are generally held each week at the school your child attends. Squads will be limited to 30 girls per school. Uniform shirts and skirts will be provided; skirts must be turned in at the end of the program. Each child will be responsible for supplying their own black briefs/bloomers to be worn under their skirt; this will not be supplied.

Practices will begin in early December, with games beginning in early January.

Game Days: Sundays

Grades: 3rd-6th (2012 – 2013 School Year) Registration Deadline: Friday, November 16 Registration Fee: \$50.00 per person

> This deadline is FIRM no girls will be added to the squad after this deadline date.

MIDDLE SCHOOL VOLLEYBALL LEAGUE (6th-8th Grade)

This program will provide participants with league play through weekly organized games, while providing practice opportunities to allow for fundamental skill development. This

program has been developed in conjunction with the Roseville High School Varsity Volleyball Coach Tom Pfeifer and is designed to assist the girls in gaining the skills necessary to play at the next level. Individual teams will be coached by volunteers, with assistance from Coach Pfeifer. Program is designed for girls in 6th-8th grade.

Please note: Players may only request to play with one friend and/or coach – if they are a returning player to the leaaue.

Game Days: Saturday mornings

Game Location: Recreation Center in Roseville

Practices to begin in early January, with games

beginning on Saturday, January 26th.

Fees: Resident: \$ 50.00 Non-resident: \$60.00 Includes game shirt, official fees and gym usage **Deadline to register:** Friday, December 14th

YOUTH BASKETBALL OPEN GYM

This program is designed for pick-up basketball. Held at Roseville Recreation Center. Recreation Center I.D. required. Maximum of 30 children per age group.

SATURDAYS – December 8 – March 23

Ages: 7-12 – 5:00 p.m. to 6:30 p.m. **Ages:** 13-17 – 6:30 p.m. to 8:00 p.m.

Fee: \$2.00 per person

The cost to replace your Recreation Center I.D. is \$5.00.



ADULT BASKETBALL OPEN GYM

This program is designed for pick-up basketball. Rules of this program specify that ABSOLUTELY NO DUNKING is allowed. SPECTATORS ARE NOT ALLOWED. Participants will be required to purchase a Recreation Center ID card for the price of \$5.00° this card will be required.

price of \$5.00; this card will be required each time for entry. A player Code of Conduct will also be signed and adhered to. Held at Recreation Center. *Maximum of 30 players per night.*

TUESDAY NIGHTS – 8:00 p.m.-10:00 p.m. Fall Session: September 18 – December 18 (no open gym 11/6)

Spring Session: January 8 – March 26Fee: Resident: \$2.00/person, per night Non-resident: \$4.00/person, per night

TENNIS LESSONS

We are pleased to announce a partnership with USPTA Certified Teaching Pro Ross "Chip" Fazio to present tennis lessons. The Beginner Class, ages 6-10 years old, will focus on teaching sound fundamentals to promote enjoyment of the game. No previous tennis experience is required. The instructor will emphasize sound strokes, footwork, sportsmanship and positive attitudes. The class designed for ages 11-Adult will encompass all of the beginner class skill components, while also expanding upon consistency, directional control, shot selection, strategy and on-court problem solving. Participants should bring one can of balls and a tennis racket. For any additional information, please contact the instructor direct at (313) 670-3277.

MONDAY EVENINGS at Spindler Park in Eastpointe September 17 – October 22

WEDNESDAY EVENINGS at Huron Park in Roseville September 12 – October 17

 Ages:
 6-10 years old
 5:30 p.m. – 6:30 p.m.

 Ages:
 11-Adult
 6:30 p.m. – 7:30 p.m.

 Fee:
 Resident:
 \$50.00
 Non-resident:
 \$60.00

USTA TENNIS "PLAY DAY"

This one-day special event is designed to expose participants to the sport of tennis. Some instruction will be provided by our USTA Instructor Chip Fazio, but the goal of this "Play Day" event is to get everybody out moving and enjoying the game of tennis. This event is **FREE** for all!

Monday, September 10th 6:30 p.m.-7:30 p.m. Spindler Park Tennis Courts in Eastpointe

QUICKSTART INDOOR TENNIS LESSONS



Other sports programs don't make kids play on adult fields with adult equipment and now neither does tennis! After decades of refining introductory tennis lessons the USTA has developed QuickStart and uses this format for sanctioned 12 and under tournaments. Children play on an appropriate sized court for their age and skill level with balls that bounce lower and move through the air more slowly than "adult" tennis balls. With this method kids are able to sustain a rally the very first class, play games and start having fun with tennis right away. Children should have an appropriately sized youth racquet. For ages 6 and under a racket should be 19-21 inches, 7-8 years 21-23 inches, 9-10 years 23-25 inches and 11-12 years 25-27 inches. Some racquets will be available for use on the first class. Chip Fazio, a USPTA certified Recreational Coach loves teaching tennis to kids and adults. If you have any questions about racquet sizing or the class, please contact him at (313) 670-3277.

TUESDAY NIGHTS - Held in the Recreation Center

Session I: November 13 – December 18
Session II: January 8 – February 12
Ages: 6-10 years old 6:00-7:00 p.m.
Ages: 11-Adult 7:00-8:00 p.m.

Fees: Resident: \$50.00 Non-resident: \$60.00

ADULT CO-REC KICKBALL LEAGUE

You are reading it correctly – ADULT KICKBALL!! In cooperation with the Clinton Township Parks and Recreation Department we are offering a Friday night kickball league for adults. This is a co-ed league; teams should have an equal number of men and women. We play by the same rules as when you were a child. Teams consist of 10-16 players, ages 18 years or older.

Registration fee includes: equipment for games, park attendants, an umpire and a year-end tournament with awards. Season will consist of six weeks of games, with a single elimination tournament for the top six teams. Games will be played at Huron Park (Frazho and Kelly). Registration packets are available at the Recreation Center.

FRIDAY EVENINGS

Game Times: 6:00 p.m., 7:15 p.m., 8:30 p.m., 9:45 p.m.

Team Registration Fee: \$300.00 per team

Maximum: 12 teams

Season: September 7 – October 19 (rainout date 10/26)

Registration Deadline: Friday, August 17th or until filled

GOLF LESSONS BY JAWORS

Learn the fundamentals of grip, stance, swing, club knowledge, chipping and putting. Bring your five-iron the first week of class, instructor will tell students at the end of each lessons what club to bring the following week. Golf clubs will be provided if student doesn't have clubs. A medium bucket of golf balls must be purchased for \$7.50 at each lesson. All lessons will be held at Jawors Golf Center, 32900 Gratiot Avenue. Instructor is PGA Professional Alex Macko.

MONDAYS - September 10 - October 8 Adult Class (14 - Adult) - 5:00 p.m.-6:00 p.m. WEDNESDAYS - September 12 - October 10 Junior Class (ages 6 – 13) – 5:00 p.m.-6:00 p.m.

Fee: \$60.00 (does not include golf balls)

ADULT CO-REC VOLLEYBALL LEAGUE

This is a recreational co-ed volleyball league. Matches are played on Wednesday evenings at the Recreation Center. Game officials will not be provided through the league.

Team Registration Fee: \$250.00 per team

Maximum: 7 teams

Registration Deadline: November 9th or until filled

Season: December 2012 through March 2013

Game Night: Wednesday evenings

SENIOR VAN TRANSPORTATION

Hours: Monday - Friday, 8:30 a.m.-4:00 p.m.

People who are 55 years and older, or those who are permanently disabled and who have no other means of transportation, are eligible for this program. If you are in a wheelchair, please indicate this when scheduling.

Schedule rides by calling 445-5482 between the hours of 9:00 a.m.-Noon (Monday - Friday).

Rides are scheduled on a first-come, first-serve basis.

You may schedule doctor's appointments up to 2 weeks in advance. Hair appointments can be made one week in advance. Other rides needed outside of doctor's appointments or hair appointments must be made one day in advance. Riders should be ready 15 minutes ahead of their scheduled ride.

If you are not prepared to leave five minutes after your scheduled appointment the van drivers may leave the location without rescheduling; this is necessary due to maintaining a timely schedule for all passengers utilizing our service.

SENIOR ACTIVITIES

All seniors age 50 and up are welcome to visit the Senior Center, located at the Recreation Center at 18185 Sycamore Street in Roseville. Come in to take a tour or pick up our monthly program calendar.

Come in for a cup of coffee and company or enjoy any of the many programs that are offered. Many of the programs are free or have a nominal charge.

- · Gift Boutique featuring handcrafted items and small gifts for purchase.
- Trips of interest to area attractions.
- Arts & Crafts
- · Cards including Pinochle, Euchre, Golf and more.
- Essential Exercise every Monday, Wednesday, & Friday at 10:30 a.m.
- Hi-Steps from 9 a.m. 11 a.m. Mondays, Wednesdays and Fridays.
- Garden Gala provides healthy snacks immediately following Essential Exercise on the 1st and 3rd Wednesday of the month. There is a nominal fee for this function.
- Ask a Nurse the second Monday of each month at 10 a.m., includes glucose, blood pressure readings and a free craft.
- Fun Bingo the second Monday of each month.
- Computer Room for drop-in use and FREE computer classes, basic and beyond.
- Special Events/Holiday Parties
- Sit N' Knit
- Red Hat Society
- Line Dancing Class
- Stroke Survivors Support Group
- Foot Doctor
- Dinner Dances
- Billiards every day.
- Movie Day every Tuesday at 1:00 p.m.
- Informational Seminars
- Wii Bowling League
- Pickleball
- Fitness Room

This is not a complete listing of all the wonderful program offerings provided by the Senior Center staff. Monthly bulletins are published for pick-up at the center. To be included on the monthly mailing list, an annual fee of \$6.00 may be paid at the Recreation Center.

If you have any ideas for programs or events please stop in and let us know or call us at (586) 777-7177.



Recreation Authority of Roseville & Eastpointe 18185 Sycamore Roseville, MI 48066

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Tony Lipinski – Executive Director

Bobbie Wilson – Assistant Director/Administative Coordinator

Mary Grant – Senior Citizen Program Supervisor

IMPORTANT PHONE NUMBERS

445-5480
445-5080
777-7177
445-5084
445-5482
445-5085

WEBSITES

www.roseville-mi.gov www.cityofeastpointe.net

Follow the Recreation Authority at www.facebook.com/rsvl.ep.recreation.authority



CREATING COMMUNITY THROUGH PEOPLE, PARKS & PROGRAMS

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